

SMT. K. G. MITTAL COLLEGE OF ARTS & COMMERCE

WOMEN DEVELOPMENT CELL

2024-25

REPORT

OBJECTIVES:

Women Development Cell is constituted in our college to organize activities for the development of women. The Cell aims to promote awareness of gender equality and gender sensitization amongst our students and staff members. The WDC seeks to nurture internal and external development of our students.

OUTCOME:

The activities conducted under Women Development Cell of our college have enhanced the status of the students through education, training, awareness creation and social activities. It has been instrumental in instilling values and the sense of social responsibility in our students. Through the gender specific programs, the Cell has achieved the objective of boosting the confidence of girl students.

ACTIVITIES:

1. Session on 10th International Day of Yoga: Women Development Cell and Student Development & Enrichment Cell in association with NSS Unit of our college had organised Yoga Session (Mass Demonstration) on **21 st June 2024** (Friday) at 8:15 AM in the 3rd Floor College Auditorium to celebrate 10th International Day of Yoga. Maharshi Patanjali Yog Mandal conducted the said session. Director Dr. Suhasini Arya demonstrated special Asanas for girl students.

Total Participants - 66 (Male: 29, Female: 37)



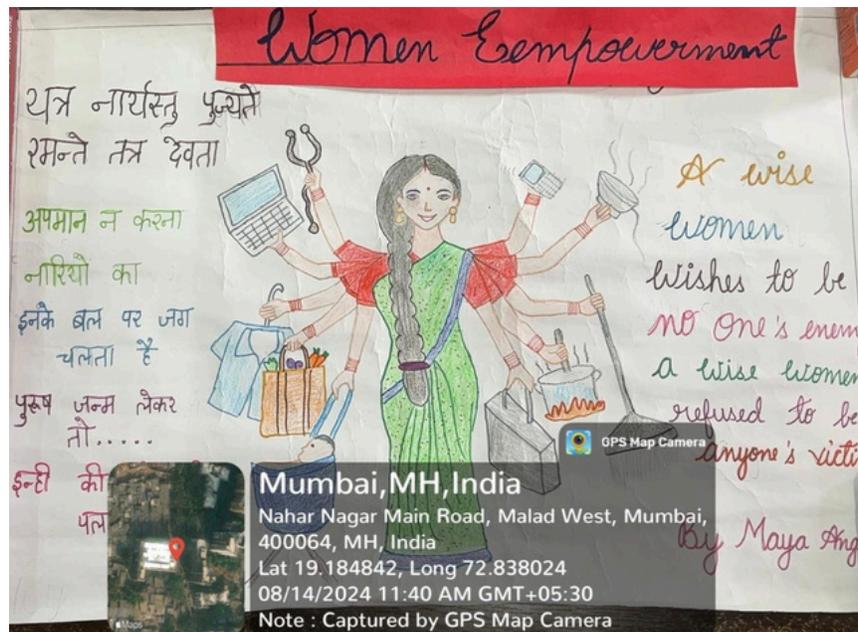


2. Yoga Sessions: Women Development Cell of our College conducted Yoga Sessions for 11 days in the month of July from **3 rd July 2024** to **16th July 2024** (Timing: 6:50 AM to 7:05 AM - Before the Commencement of Lectures). Special Yoga Poses for females were practiced each day. Girls were motivated to continue practicing Yoga at home.

Total Participants - 20 (Female: 20)

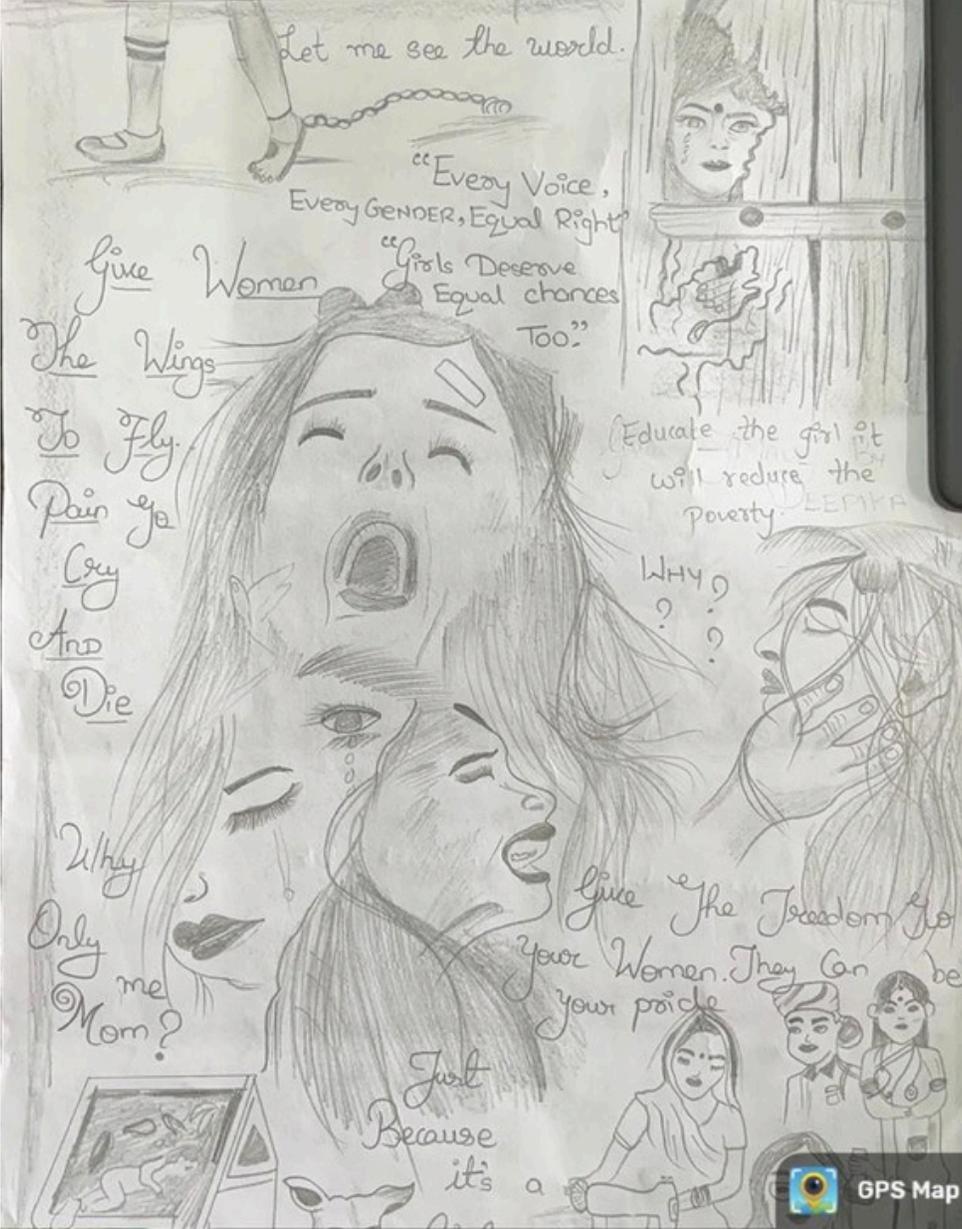


3. Poster Making Competition: Poster Making Competition on the Topic 'Women Empowerment' was organized on **9 th August 2024** by the Women Development Cell of our College. The objective of the said activity was to enable the students to express their understanding about importance of 'Women Empowerment' through art and creativity. Total Participants - 33 (Male: 09, Female: 24)





Women Empowerment



Mumbai, MH, India
Nahar Nagar Main Road, Malad West, Mumbai
400064, MH, India
Lat 19.184842, Long 72.838024
08/14/2024 11:37 AM GMT+05:30
Note : Captured by GPS Map Camera

4. Mehendi Competition: Mehendi Competition was organized on **4th September 2024** by the Women Development Cell of our College. The objective of the said activity was to enable the students to realize and showcase their art and creativity. Total Participants - 21 (Female: 21)







5. Kanya Poojan: As a part of Navratri celebration, Kanya Poojan was performed at Adivasi Seva Mandal. Small girls who are residents at NGO- Adivasi Seva Mandal were worshipped as forms of Goddess Durga. The said community service activity was organized and conducted by Women Development Cell in association with IQAC of our College on **7th October 2024** (Monday). Total Participants - (Male: 2, Female: 2) - Mittal College Students Total Participants - (Female: 21) - Adivasi Seva Mandal



SMT. K. G. MITTAL COLLEGE OF ARTS & COMMERCE

**IQAC
&
Women Development Cell**

COMMUNITY SERVICE

**Celebrating NAVRATRI
By doing
KANYA POOJAN**



JOIN US FOR A NOBLE CAUSE

Venue:

Adivasi Seva Mandal

Date & Time:

**7th October 2024 (Monday)
7:00 pm**

**Dr. Suhasini B. Arya
Director**

**Dr. Shagun Srivastava
Principal**

**Mrs. Nimmi Menon
IQAC Coordinator**

**Dr. Darshika Karia
Chairperson, WDC
Mrs. Mamta Balwanti
Member, WDC**



Mumbai, MH, India
Sundar Bat Manuphant Road, Borivali West,
Mumbai, 400092, MH, India
Lat 19.221500, Long 72.852046
10/07/2024 07:55 PM GMT+05:30

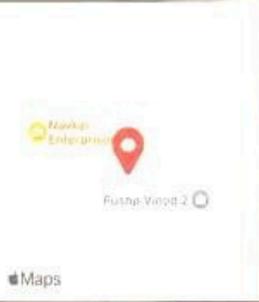


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Mumbai, 400092, MH, India
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GPS Map Camera



Mumbai, MH, India

Kanji Swami Marg, Borivali West, Mumbai,
400092, MH, India

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10/07/2024 07:56 PM GMT+05:30



GPS Map Camera



Maps

Mumbai, MH, India

Kanji Swami Marg, Borivali West, Mumbai,
400092, MH, India

Lat 19.221463, Long 72.851487

10/07/2024 07:57 PM GMT+05:30

6. Value Added Course on 'Life Skills from BHAGAVAD GITA': As a step towards Indian Knowledge System under the Vision of NEP, 2020 which comprises of Jnan, Vignan, and Jeevan Darshan, inauguration of Value Added Course on 'Life Skills from BHAGAVAD GITA' was organized by Women Development Cell in association with IQAC of our College on **7th October 2024** (Monday) for the girls who are residents at NGO-Adivasi Seva Mandal. Inauguration was done by the Director of our College, Dr. Suhasini B. Arya. The said 30 hours certificate course which will be conducted on Sundays is set to cover Activities, Illustrations, Role Play, Divine Games, Bhajans, Garba, Assignments and Field Work. Total Participants - (Male: 4, Female: 5) - Mittal College Students Total Participants - (Female: 22) - Adivasi Seva Mandal

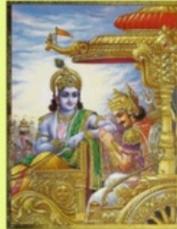


SMT. K. G. MITTAL COLLEGE OF ARTS & COMMERCE

**IQAC
&
Women Development Cell**

COMMUNITY SERVICE

**INAUGURATION of
Value Added Course on
'Life Skills from **BHAGAVAD GITA**'**



JOIN US FOR THIS DIVINE CAUSE

Venue:

Adivasi Seva Mandal

Date & Time:

7th October 2024 (Monday)

7:30 pm

**Dr. Suhasini B. Arya
Director**

**Dr. Shagun Srivastava
Principal**

**Mrs. Nimmi Menon
IQAC Coordinator**

**Dr. Darshika Karia
Chairperson
Women Development Cell**



 GPS Map Camera

Mumbai, MH, India

Sundar Bat Manuphant Road, Borivali West,

Mumbai, 400092, MH, India

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 Maps



Mumbai, MH, India

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Mumbai, 400092, MH, India

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Apple Maps



 GPS Map Camera



Mumbai, MH, India

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400092, MH, India

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 GPS Map Camera



 Pasmo Vaisa 2

 Maps

Mumbai, MH, India

Kanji Swami Marg, Borivali West, Mumbai,
400092, MH, India

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7. Sessions of Value Added Course on 'Life Skills from BHAGAVAD GITA': Sessions/ Lectures were conducted on 'Life Skills from BHAGAVAD GITA' on Sundays that covered Activities, Illustrations, Role Play, Divine Games, Bhajans, Assignments and Examination. Sessions were conducted by Dr. Darshika Karia, WDC Chairperson for the girls who are residents at NGO- Adivasi Seva Mandal and our College students at NGO- Adivasi Seva Mandal in Borivali (West). Syllabus copy having 09 Units was distributed and completed during the course period and examination was held at the end of the course. Total Participants - (Male: 4, Female: 5) - Mittal College Students Total Participants - (Female: 22) - Adivasi Seva Mandal

27.10.24 (4 Hrs.)	1.12.24 (2 Hrs.)	15.12.24 (3 Hrs.)	22.12.24 (3 Hrs.)	5.1.25 (2 Hrs.)	6.1.25 (2 Hrs.)
12.1.25 (2 Hrs.)	9.2.25 (3 Hrs.)	16.2.25 (3 Hrs.)	23.2.25 (3 Hrs.)	9.3.25 (3 Hrs.)	15.3.25 (2 Hrs.)







Mumbai, Maharashtra, India
Riddhi Palace, 704, Swami Vivekananda Rd, Dalvi Nagar,
Borivali West, Mumbai, Maharashtra 400092, India
Lat 19.221466° Long 72.852059°
09/02/2025 06:04 PM GMT +05:30



Mumbai, Maharashtra, India
Riddhi Palace, 704, Swami Vivekananda Rd, Dalvi Nagar,
Borivali West, Mumbai, Maharashtra 400092, India
Lat 19.221466° Long 72.852062°
09/02/2025 04:31 PM GMT +05:30



Mumbai, Maharashtra, India
Sundar Bat Manuphant Road, Borivali West,
Mumbai, Maharashtra 400092, India
Lat 19.221441, Long 72.851794
03/09/2025 01:40 PM GMT+05:30
Note : Captured by GPS Map Camera

8. Session on Financial Literacy: Women Development Cell of our College had organised 'Financial Literacy Session' in collaboration with Bharat Vikas Parishad and BSE on **27 th November 2024**. Objective: This session was designed to provide students with fundamental knowledge on key financial topics such as savings, investments, stock market, inflation, etc. which was delivered by SEBI Expert: SEBI SMART,

Soft Skill Trainer Dr. Raina Champawat.

Outcome: This session gave an opportunity to the students to enhance their financial literacy and prepare for future financial decision making.

Total Participants - 105 (Male: 46, Female: 59)





9. State Level Inter Collegiate Essay Writing Competition: Anti-Dowry Movement, Bombay had organized State Level Inter Collegiate Essay Writing Competition on the topic 'Today in spite of the increase in propagation of Education why Anti-Social Customs like Dowry are not eradicated'. Essay of the participating students were submitted on **12 th December 2024**. Total Participants- 42 (Male: 14, Female: 28)

10. Awareness Session on SWAYAM Courses: An awareness session was conducted for our students regarding the courses offered in the SWAYAM portal initiated by the Ministry of Education/ Ministry of Human Resource Development, Government of India on **8 th January 2025**. Students were

made aware about the benefits of enrolling and completing the course, and also were guided for registering in the same. Students were informed that the mentors of the opted course will be helping the students throughout the conduct of the course. Total Participants - 185 (Male: 95, Female: 90)



11. Registration of SWAYAM Course: The mentors and mentees after researching on the available courses on SWAYAM portal, unanimously decided to register for the Course on Leadership and Team Effectiveness (3 credit points) from IIT Roorkee. Registration of 125 students was done in a span of one week in the month of January 2025. Total Participants - 125 (Male: 64, Female: 61)



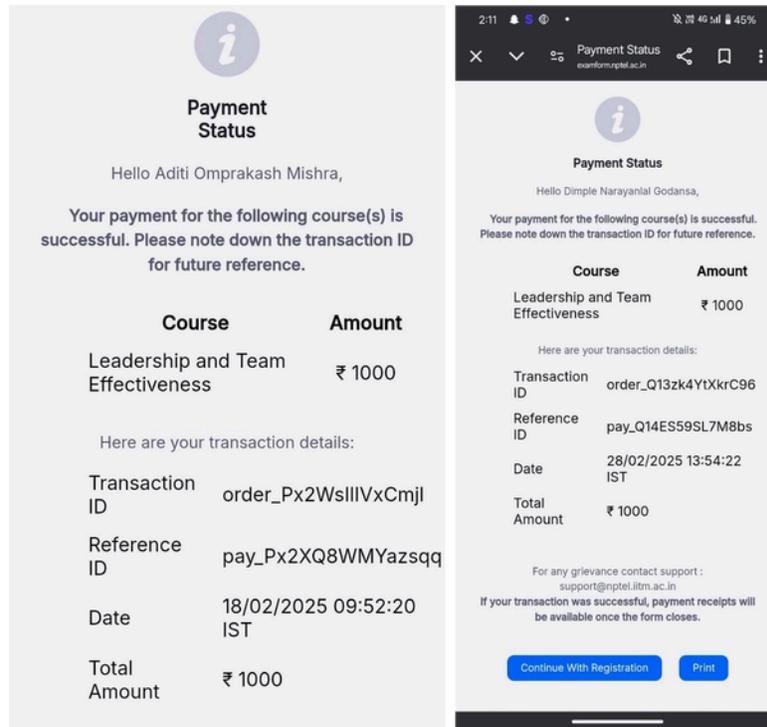


12. Conduct of the SWAYAM Course: Sessions were held to discuss the study material offered by the SWAYAM portal, and also for the submission of weekly assignments. WhatsApp group was formed to share relevant information regarding the same. Students were guided to register for the course end examination.

Date	Total Participants	Male	Female
29/01/2025	09	07	02
30/01/2025	07	06	01
01/02/2025	07	06	01
Online Assignments			



13. Examination Registration of SWAYAM Course: Guidance was provided to the students for Examination Registration for the Course on Leadership and Team Effectiveness (3 credit points) from IIT Roorkee on SWAYAM Portal between **18/02/2025 to 28/02/2025**. Total Participants - 12 (Male: 7, Female: 5)



14. Awareness Session on POSH Act: An awareness session on POSH Act was conducted in association with the Inner Wheel Club of Bombay Kandivali on **08 th March 2025** on the occasion of International Women’s Day for the faculty and students of our college. The session was conducted by Dr. Raina Tandon, Founder and CEO of Right2rise, 5 times TEDx speaker and FTTI Industry Director. It was also attended by the office bearers of Inner Wheel Club of Bombay Kandivali. The session focused on the meaning and interpretations of terms mentioned in the Act, along with the procedure to redress complaints and the punishments prescribed under the Act.

Total Participants - 85 (Male: 37, Female: 48)





Certificate Distribution Ceremony: Certificate Distribution

Ceremony of Value Added Course on 'Life Skills from BHAGAVAD GITA' was organized by Women Development Cell in association with IQAC of our College on **15 th March 2024** (Saturday) for the girls who are residents at NGO- Adivasi Seva Mandal and our College students who completed the 30 hours certificate course which was conducted on Sundays that covered Activities, Illustrations, Role Play, Divine Games, Bhajans, Assignments and Examination. Certificate distribution was done by the Director of our College, Dr. Suhasini B. Arya and the Principal of our College, Dr. Shagun Srivastava. Performances and Feedback was given by girls who are residents at NGO- Adivasi Seva Mandal.

Total Participants - (Male: 4, Female: 5) - Mittal College Students

Total Participants - (Female: 22) - Adivasi Seva Mandal





Dr. Darshika Karia (WDC, Chairperson)

Mrs. Nimmi R. Menon (WDC, Member)